

PCCD and Prevention

In 1992, PCCD received Federal Title V funds under the "Incentive Grants for Local Delinquency Prevention Programs Act" for prevention planning/program implementation.

Chose to use the *Communities That Care* (CTC) Model

- Developed at the University of Washington by Professors J. David Hawkins and Richard F. Catalano Jr.
- Community Mobilization
- Establishes a Prevention Board
- Board develops a long-term delinquency prevention plan based on an assessment of risks and resources in the community

Why CTC?

Why PCCD chose the CTC Model:

- **Community readiness** – prepares "fertile ground" to support a comprehensive community prevention effort before selecting specific programs.
 - Programming had often been selected based on the availability of grant funds – we have money so let's do a program!
 - CTC reverses this process – identify a need *before* choosing a program.
 - Make sure that chosen program(s) fits with the risks and strengths of each individual community.
- The CTC risk-focused prevention strategy was the foundation for Research-Based Program Implementation in Pennsylvania.

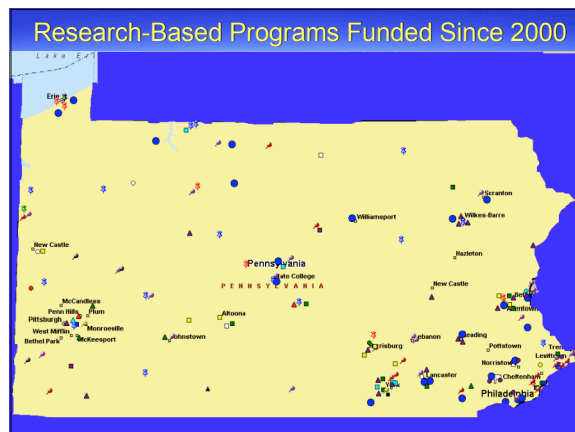
Research-Based Delinquency and Violence Prevention Initiative (1998 – Present)

GOAL: Create a stable funding source to support implementation of evidence-based programs

- Most were Blueprints for Violence Prevention and SAMHSA Model programs.
- Provided four years of funding.
- Must have the backing of a local collaborative board, most commonly CTC prevention boards.

Since 1998, PCCD has provided over \$60 million in State and Federal funds for programming

- Have funded over 170 programs.
- Currently funding 64 programs in 31 of PA's 67 counties
- On-going TA provided by the Prevention Research Center at Penn State University. In state training capacity for Olweus Bullying, FFT, MST and PATHS.



Replication of Effective Programs (Using State \$)

	Sites	Programs
1998	12	17
1999	8	9
2000	21	24
2001	19	21
2002	21	24
2005	14	24
2006	14	15
2007	15	15
Total	124	149

Most Frequently Funded Programs (All \$)

PROGRAM	NUMBER OF SITES
Nurse Family Partnership (NFP)	22
Functional Family Therapy (FFT)	22
Olweus Bullying Prevention Program	20
Big Brother/Big Sister (BBBS)	19
Promoting Alternative Thinking Strategies	16
Multisystemic Therapy (MST)	11
Families and Schools Together (FAST)	7
Life Skills	7
Strengthening Families Program (SFP)	6
Participate and Learn Skills (PALS)	5
Quantum Opportunities (QO)	3
Mentoring	3
Creating Lasting Connections	2
Parents Who Care	2

Identified Challenges

- Program Fidelity
- Standardized Data Collection
- Intermediate Outcomes Analysis
- Focus Funding on Essential Start-up Costs
- Sustainability
- In-state Training and Technical Assistance Capacity

Key Changes to Process – Ensuring Fidelity

- Communities must have completed a Risk and Resource Assessment within past two years.
- Added a matching funds requirement - 25% in Year Three and 50% in Year Four.
- Applicants must obtain “Letters of Support” from Program Developer, the Collaborative Board, and other local agencies.

Key Changes to Process Ensuring Fidelity (cont.)

- Program Developer Fidelity Verification
- Outcomes Report
- PCCD Monitoring Visits
- Prevention Research Center TA

Key Changes to Process – Data Collection

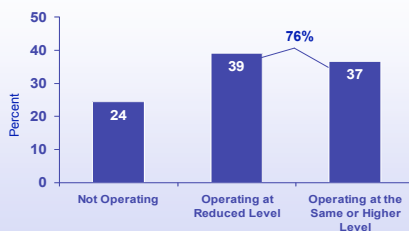
- Standardized Measures for each Program.
- Instituted “Universal Measures” Tracked by all Programs to Measure the Overall Impact of Initiative.
- PCCD and PRC Staff Work with each Grantee.
- Performance Measure Data is Submitted Quarterly to PCCD.

Key Changes to Process – Ensuring Sustainability

PCCD stresses the importance of focusing on Sustainability throughout the entire project period:

- Applications include a section on “sustainability.” that is scored based on the strength of local commitment to continuing the project after grant funding ends.
- Cash/In-kind match commitments are required.
- Funding is reduced each subsequent year of each grant.

Program Sustainability



n=41 grantees off of funding 2 or more years

Evaluating the Impact of the Initiative

***Outcomes Report:**
Presents case studies on research-based programs funded under this initiative.
Assessed programs with multiple replications and for which outcome data was available.
Can be viewed at:
www.pccd.state.pa.us/pccd/lib/pccd/juvenile/pccd_reducingviolence_fin_alreport_oct07.pdf

***Return on Investment Analysis:**
Analyzes the return on investment of seven RB program models in PA. Conservatively estimates this initiative has returned over \$317 million. Will be released in April 2008; check the PCCD website.

***Created by Prevention Research Center with PCCD funding.**

Resource Center for Evidence-Based Prevention and Intervention Programs and Practices

Evidence-Based Program Support

- Provide technical assistance in support of the start-up, operation and sustainability of prevention or intervention programs that have been proven to be effective.
- Ensure that PCCD- and DPW-funded Evidence-Based Program (EBP) models are implemented with fidelity and adherence to quality service delivery.
- Serve as a resource to the field related to the implementation of evidence-based programming.
- Promote the proliferation of EBPs by educating practitioners and providers about the practical and economic benefits of implementing and utilizing EBPs.

Resource Center for Evidence-Based Prevention and Intervention Programs and Practices

Juvenile Justice Program Training and Technical Assistance Project

- Support local innovative intervention programs in achieving the Juvenile Justice system goals of community protection, offender accountability, and competency development.
- Increase the inclusion of recognized best practice approaches in Juvenile Justice programming.
- Support programs in demonstrating their effectiveness.
- Support Juvenile Justice programs and county probation agencies in assessing local needs.

“Helpful Hints”

- “After-Action” analysis
- Reduce the Number of Eligible Programs
 - Blueprints Model and Strengthening Families 10 -14
 - Allows for dedicated, focused technical assistance
- Establish Relationship with Program Developers
 - Learn what is needed for the successful implementation of their program, both logistically and financially
- Focus Grantees on Data Collection and Analysis
 - Monitor how implementation is proceeding, allows for corrective action before funding ends, and provides quantitative results that can be used to show the impact and seek local sustainability funding

For More Information

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