

# The Greater Littleton Youth Initiative

## Part I

### Our Philosophy and What We Do

# The Greater Littleton Youth Initiative (GLYI)

- Who are we?
  - Formed after Columbine
  - Large community collaboration:
    - Municipalities, education , law enforcement, courts, recreation, businesses, clergy, media and parents



Greg and Jeanette

# Our Model

- Prevention
- Communities That Care
  - Risk Factors
  - Protective Factors
- Evidence-Based Programs
  - Center for the Study & Prevention of Violence
  - Blueprint Programs



Holly and Rissy

# Prevention

## ➤ The concept

### ➤ Example:

#### ➤ The Nurse-Family Partnership Program:

- Mother
  - 61% Fewer arrests
  - 72% Fewer convictions
- Child by Age 15
  - 59% Fewer arrests
  - 48% Less abuse/neglect



Mariel

# Prevention (vs.) Incarceration

- One in every 178 Americans will be in prison or jail by 2011\*
- More than ½ of released prisoners are back behind bars within 3 years\*
- Prisons are Colorado's 4<sup>th</sup> biggest budget item, behind health, education and transportation\*



-Every \$1 invested in prevention programs saves Americans \$7 in reduced costs of public aid, special education and treatment services.\*

\*According to the Pew Charitable Trust

# Communities That Care Build-A-Generation

## ➤ Risk Factors

### ➤ The Concept

#### ➤ Example:

- Excess drinking in the home

## ➤ Protective Factors

### ➤ The Concept

#### ➤ Example:

- Mentoring



Mary

# Evidence-Based Programs (EBPs)

- The concept
  - Center for the Study and Prevention of Violence
  - Blueprint programs:
    - Change in the numbers
    - Effects are long-lasting
    - Can be used anywhere



Danielle and Lynn

# Blueprint Programs We Use

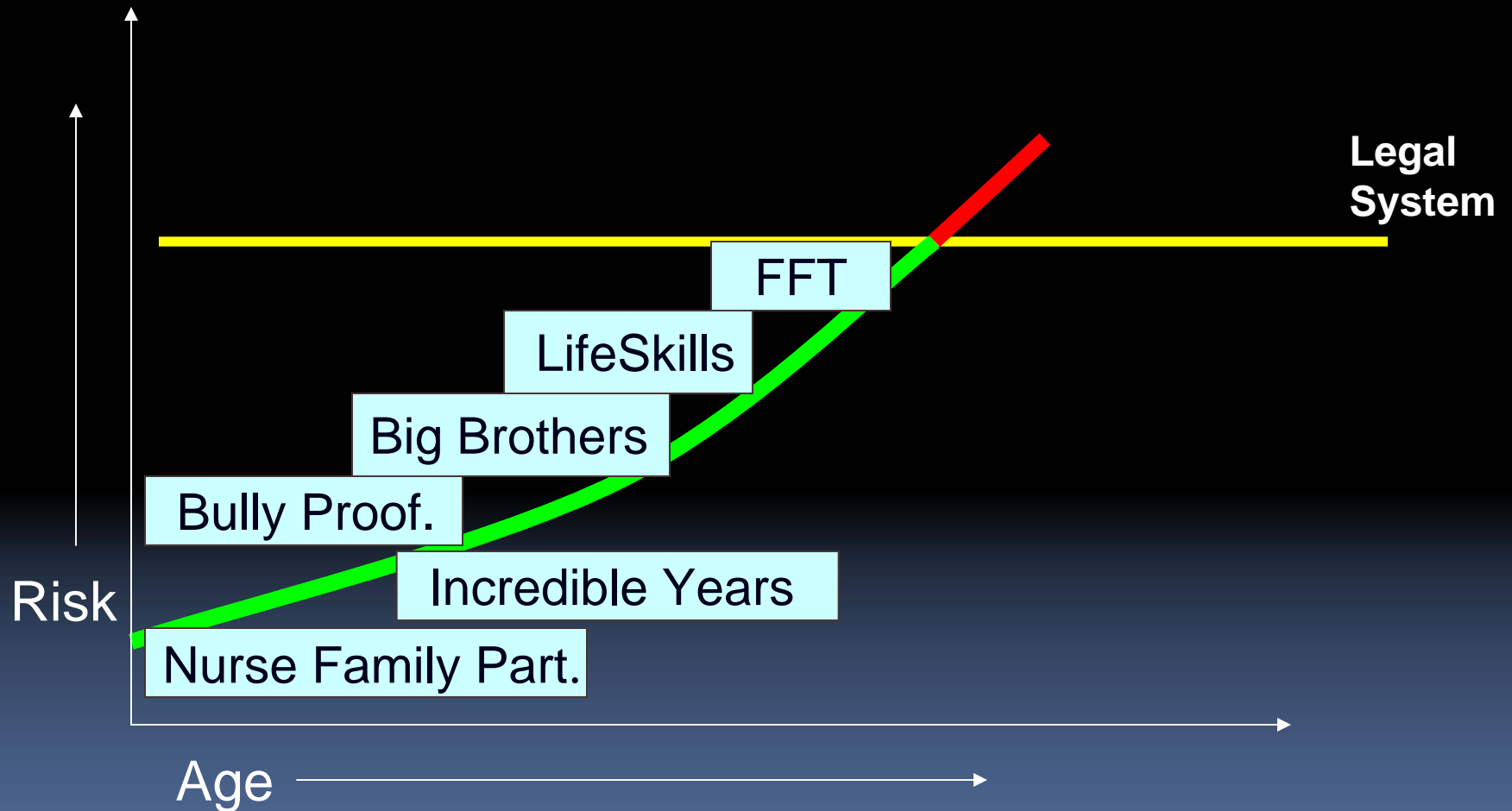
- Nurse-Family Partnership
- LifeSkills Training
- Functional Family Therapy
- Bully-Proofing
- Big Brothers Big Sisters Mentoring
- Incredible Years



Claudia



# Blueprint Programs by Age



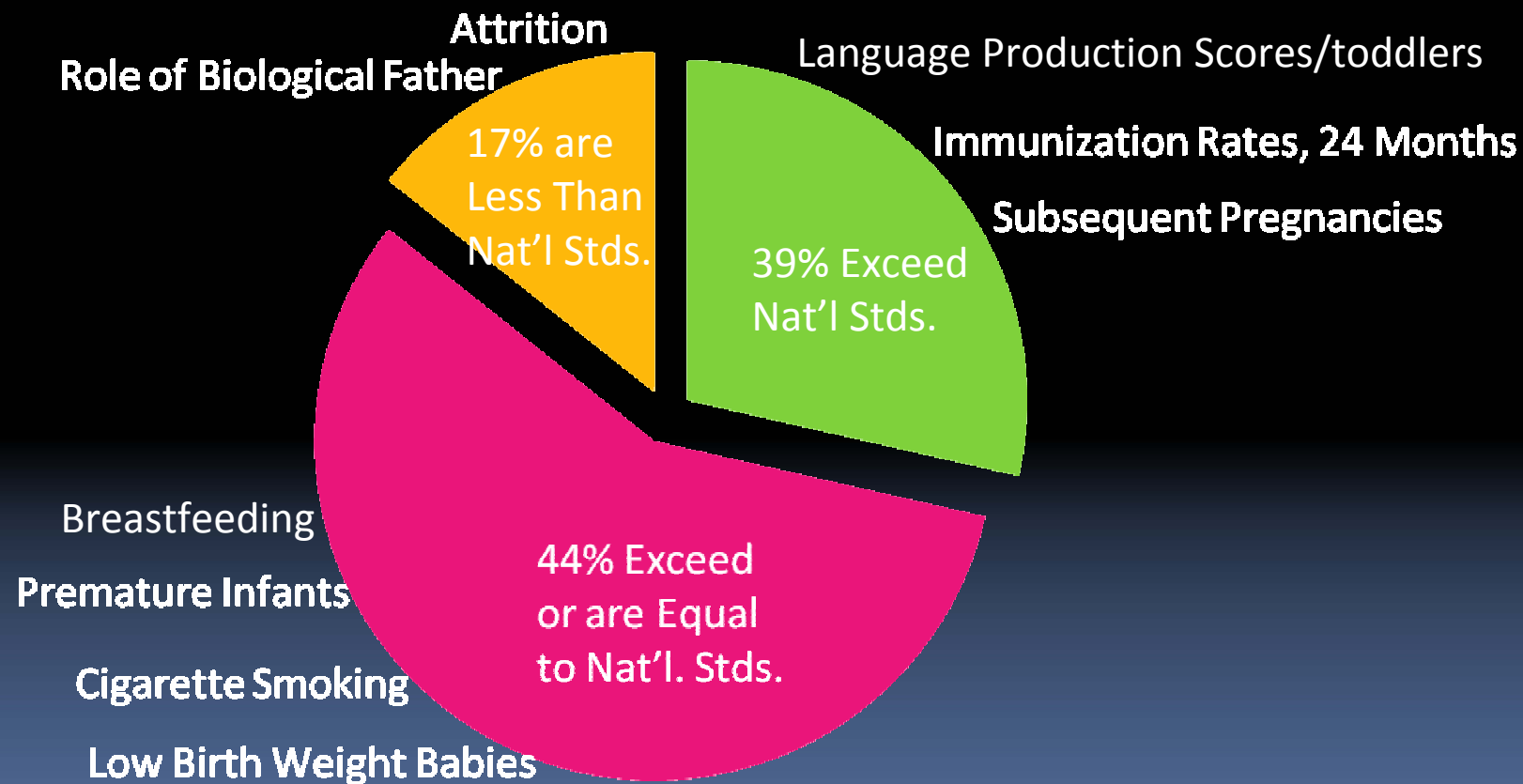
# GLYI Today

- We have a strong collaboration with 60 to 80 members
- We use 6 evidence-based programs
- We have program outcome data and stories

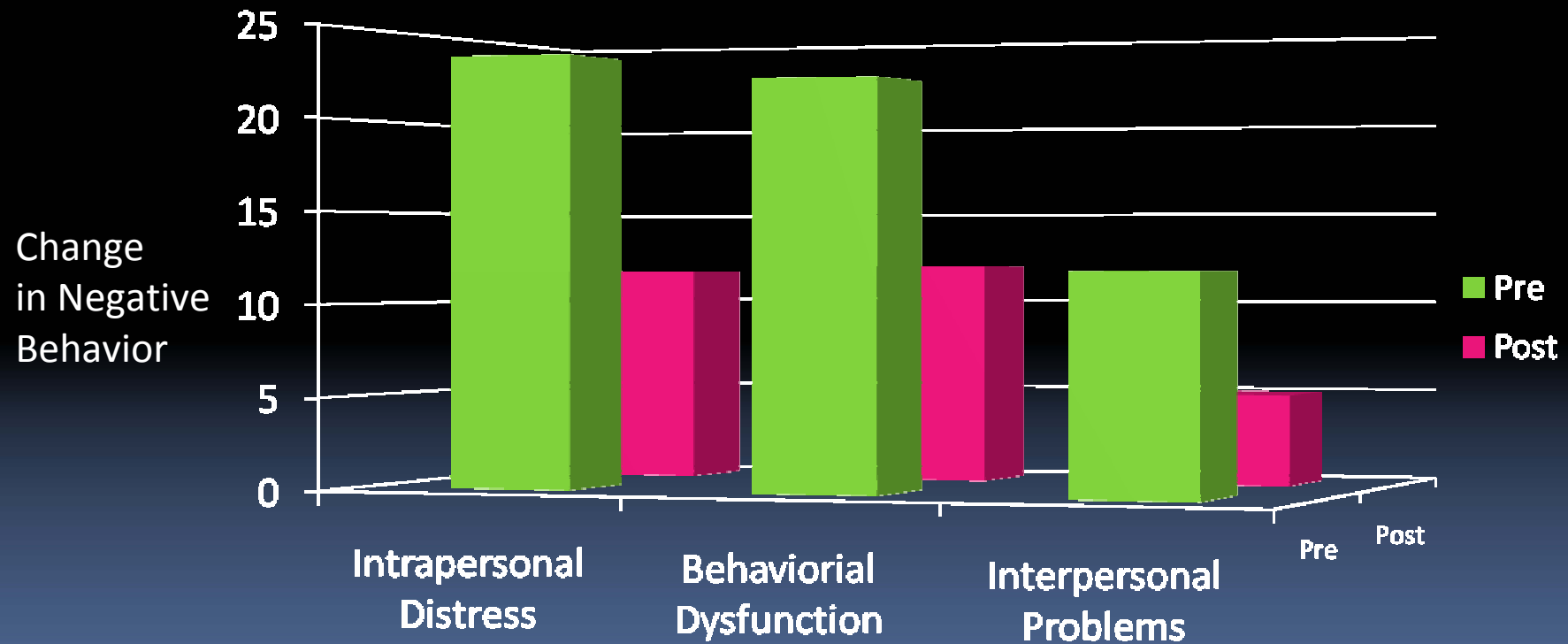


Becca and Kira

# Nurse-Family Partnership Arapahoe County

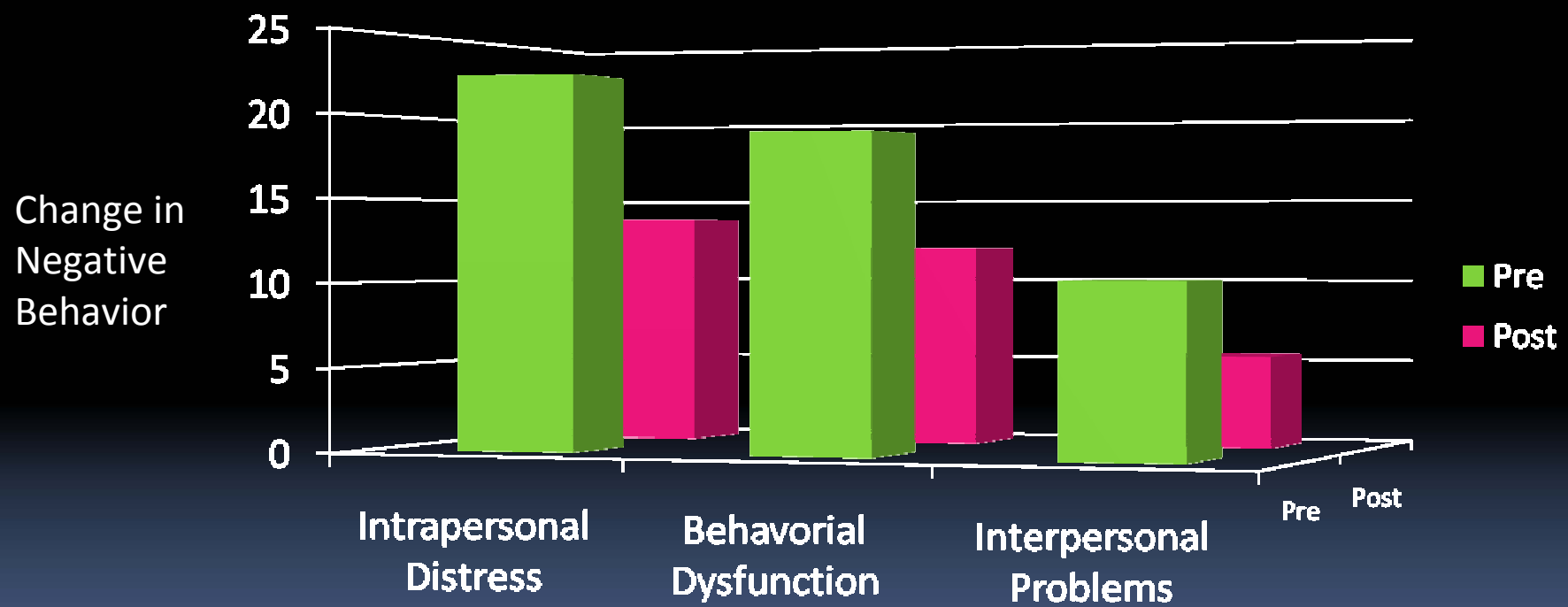


# Functional Family Therapy Mothers\*



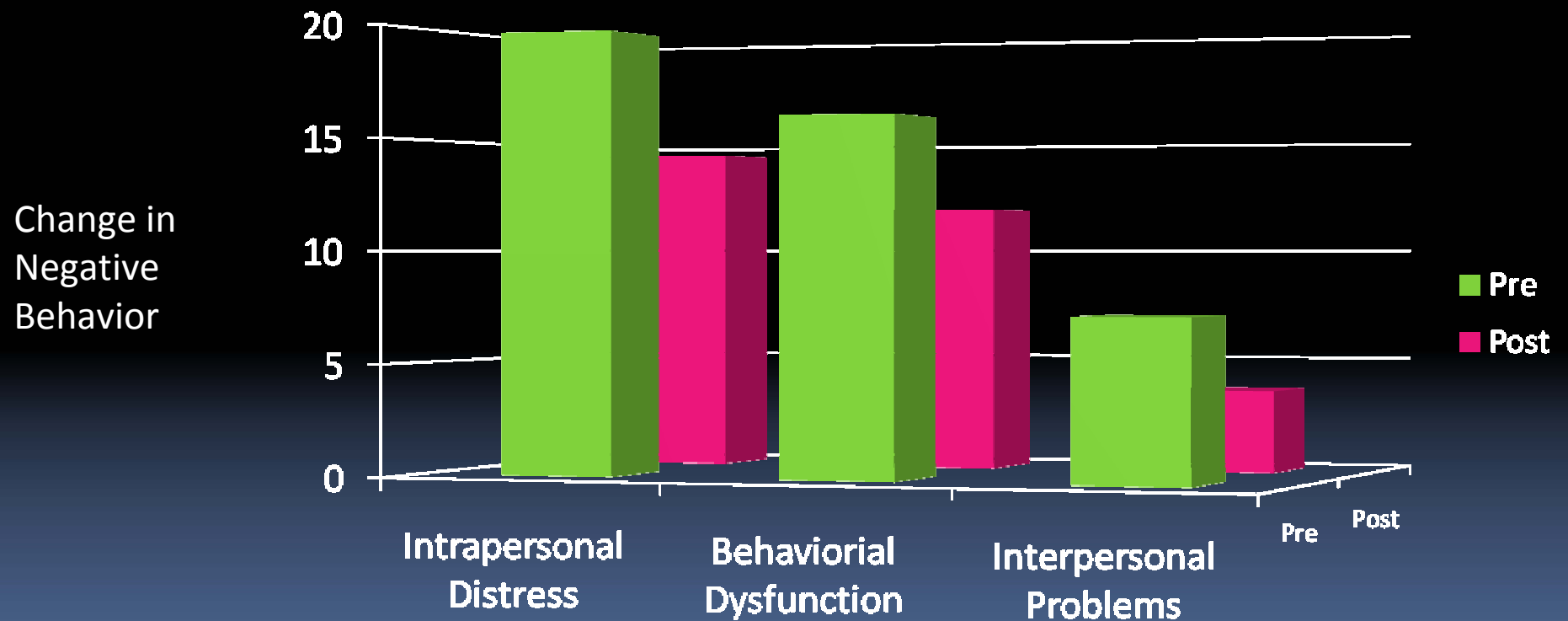
\*Out of 26 respondents

# Functional Family Therapy Fathers\*



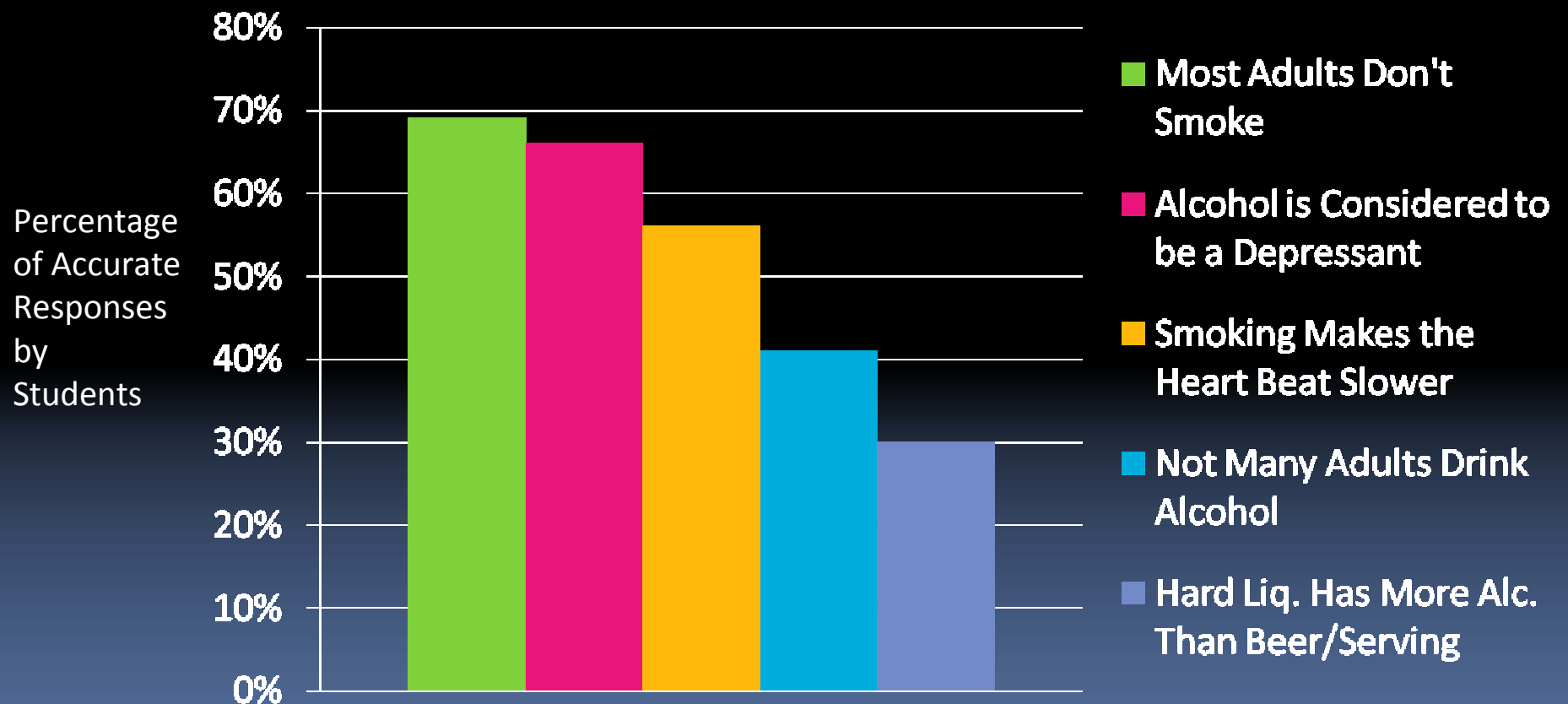
\*Out of 15 respondents

# Functional Family Therapy Adolescents\*

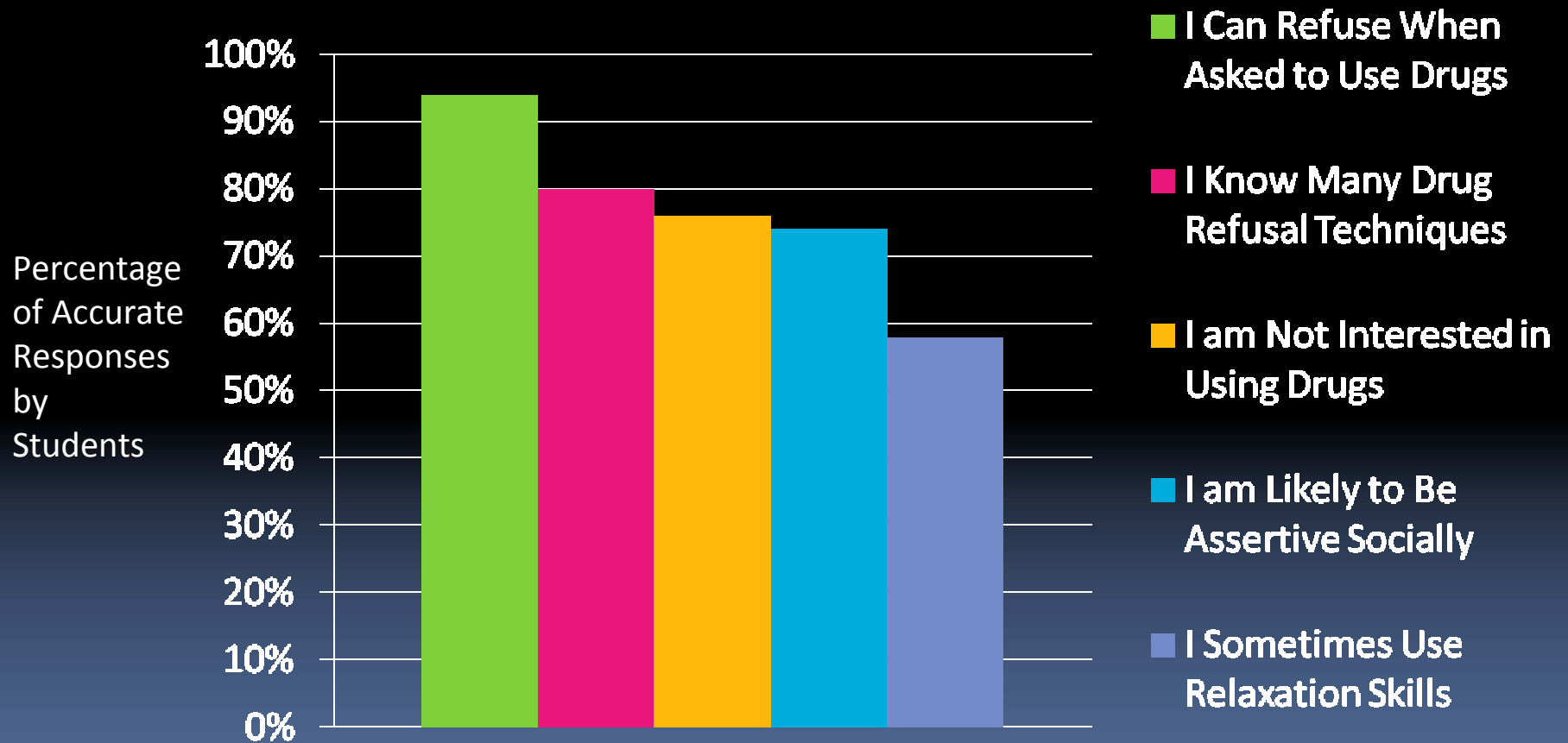


\*Out of 28 respondents

# LifeSkills Training, Student Knowledge



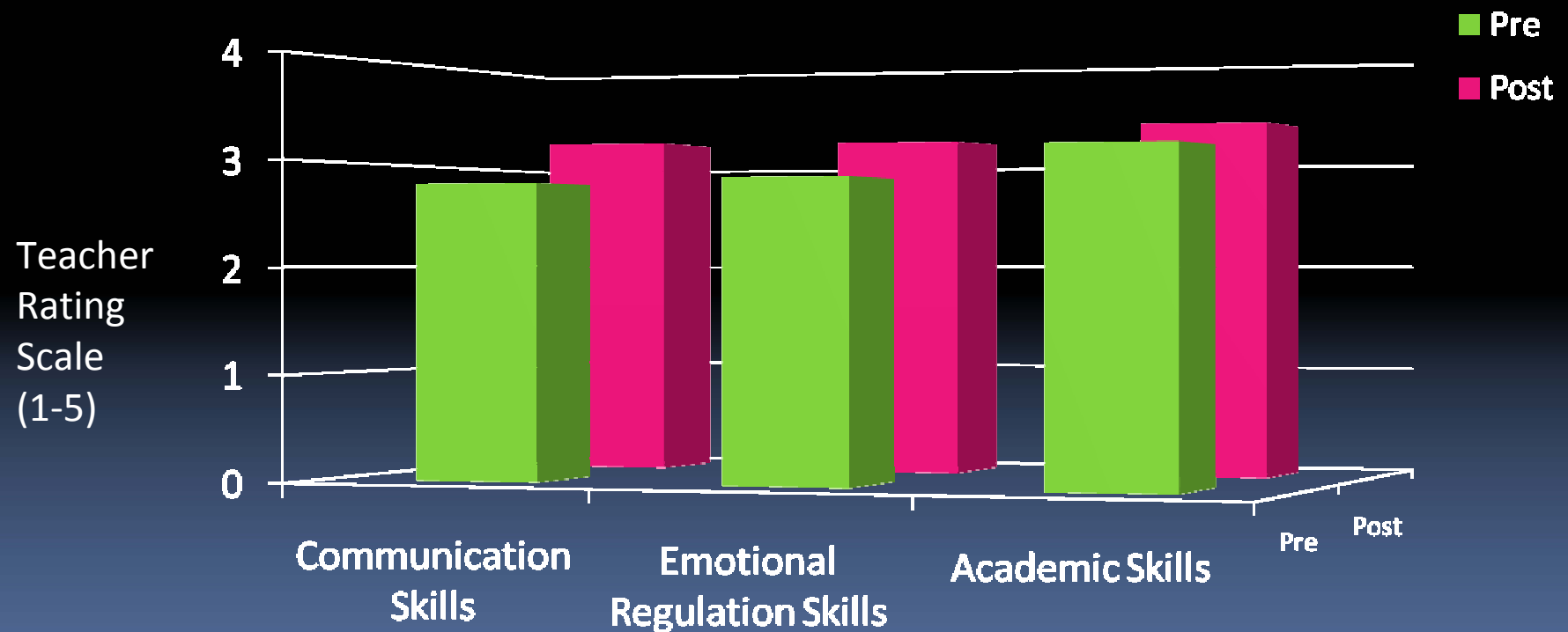
# LifeSkills Training, Attitudes/Resistance Skills





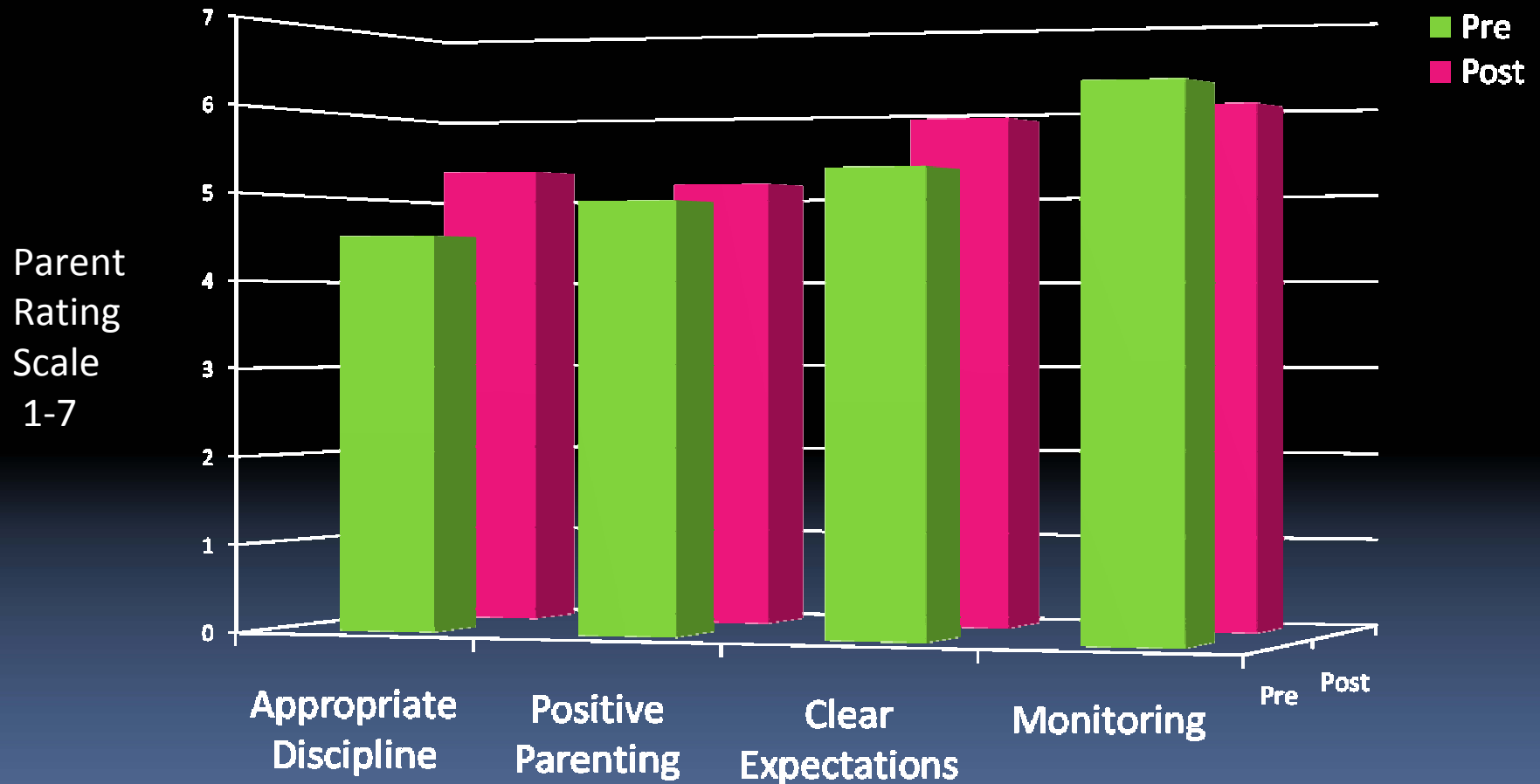
# The Incredible Years

## Social Competence Skills Learned



# The Incredible Years

## Parenting Skills Learned



# The Greater Littleton Youth Initiative

## Part II

## Our Community Collaboration Techniques

# Techniques

- Keep the Littleton story alive
- Have targeted focus on Littleton youth
- Fight tendency to “rise”



Jose and Lynne

# Techniques

- Speak with program creators and users
- Initiate pilot projects with champions
- Have dedicated staff



Michael

# Techniques

- Do not hold events
- Do not rely on grants
- Use funding on program support only



Tamika

# Techniques

- Meetings and relationship building:
  - People want to be heard
  - People need recognition
  - Consider temperament



Phillip

# Techniques

- Meetings and Relationship Building:
  - Three types of meetings
    - Informative
    - Back-Track
    - Quarterly



Gina and Avani



# The Greater Littleton Youth Initiative

## Part III

## Recommendations and Our Future

# Our Future

- Expand our Model Blueprints
- Watch Promising Blueprints
- Expand our suicide prevention project
- Track other cutting edge research
  - Brain development



Amado, Timmy and Tommy

# Recommendations for Other Communities

- Identify issue and agree to work on it
- Adopt a prevention strategy
- Evaluate existing community programs



Students at Options High School

# Recommendations for Other Communities

- Match issue specifics with EBPs
- Implement, expand and support EBPs



Zuri and Manya

# Recognitions/Awards

- National Award—U.S. Conference of Mayors
- Finalist for National Award—National League of Cities
- Metro Award—Denver Regional Council of Governments
- Three visits by U.S. Dept of Justice
- Two visits by U.K. Cabinet Members and Parliament Members
- Considered a model of effectiveness by CSPV



Jeanette, Gina and Zeenat

# Contact Information

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\*Pictures provided by the Binning Family Foundation of Littleton, Colorado