



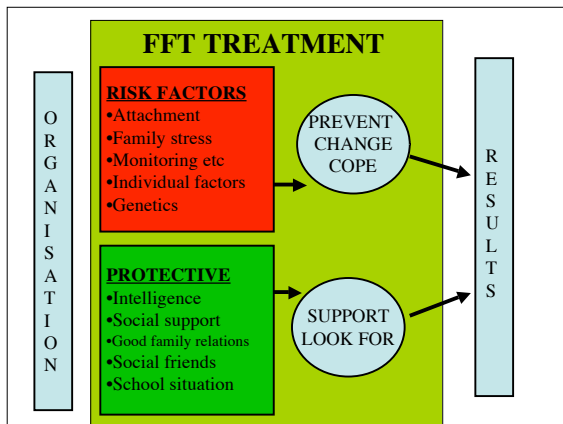
FFT - DEVELOPMENT IN SWEDEN

1989 VISIT SALT LAKE CITY (KH)
1992 RCT STUDY STARTS IN LUND
("SNABBA INSATSER")
1994 RCT STUDY IN LUND FINISHED
1995 FFT STUDY STARTS IN VÄXJÖ
1997 ARTIKEL IN "SOCIALVETENSKAPLIG TIDSKRIFT"
("SNABBA INSATSER")
2000 ARTIKEL IN "NORDISK PSYKOLOGI"
(VÄXJÖ STUDY)
2008 AT LEAST 20 DIFFERENT SIGHTS IN FFT EDUCATION
(Uppsala, Sollefteå, Ljungskog, Malmö, Norrköping,
Helsingborg, Mölndal, Lerum, Partille, Magelungen
Familjeforum Stockholm, Familjeforum Lund, Västerås,
Lund, Eslöv, Staffanstorps, Luleå, Utredningshemmet m.fl.)
2008 AT LEAST 20 ACTIVE FFT TEAMS

TRAINING VISITS FROM USA
1992 -2007
WORKSHOPS AT LEAST 2 DAYS

JIM ALEXANDER	8 TIMES
TOM SEXTON	1 TIME
HOLLY WALDRON	1 TIME

RESEARCH MEETING WITH JIM ALEXANDER
3 DAYS



DIFFERENCES BETWEEN USA AND SWEDEN

	USA	SWEDEN
TRAINING	6 DAYS	6-8 DAYS
COUPLES TH.	NO	YES
SUPERVISION	REPORT	VIDEO/DIRECT
SUPERVISION	BY PHONE	IN CLINIC
EDUCATION	THE TEAM	TEAM AND.....

SWEDISH ADJUSTMENTS OF FFT

ALL ARE REFERRED TO FFT FROM SOCIAL WELFARE
OR BY A FAMILYMEMBERS.

ANOTHER SOCIAL AND LEGAL SYSTEM

NEEDES A LOT OF E & M
ADDED COUPLES & MARITAL THERAPY

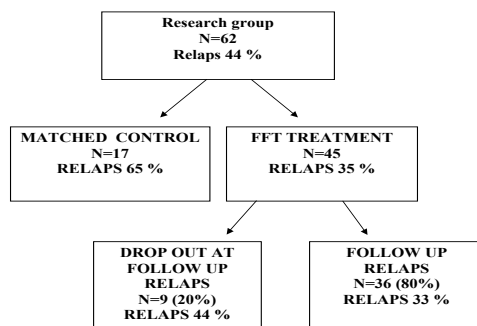
FFT - LUND

Relapse in criminality at two years after therapy start

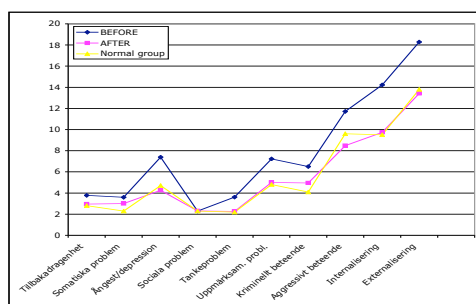
	FFT		Control		Total	
	n	%	n	%	n	%
Relapse						
Yes	20	41	33	82	53	60
No	29	59	7	18	36	40
Total	49	100	40	100	89	100

$\chi^2(df = 1) = 15,2$ $p = .0001$

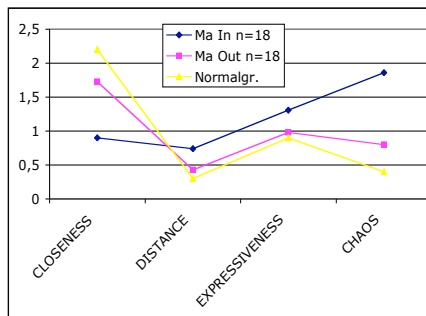
FFT-Växjö, Relaps after 18 month, according to register data



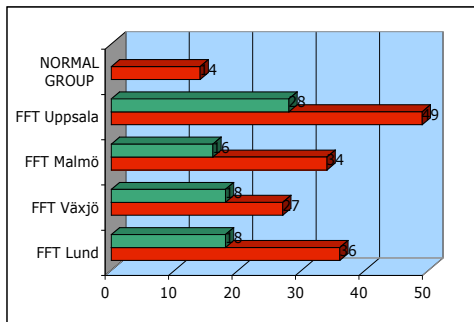
FFT UPPSALA, YSR, (N=19) BEFORE AND AFTER FFT (MEAN 7 MONTH).



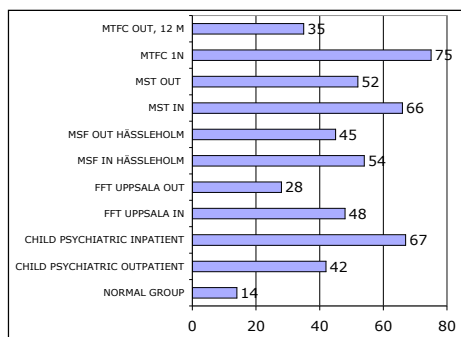
FFT UPPSALA, FAMILY CLIMAT, MOTHERS



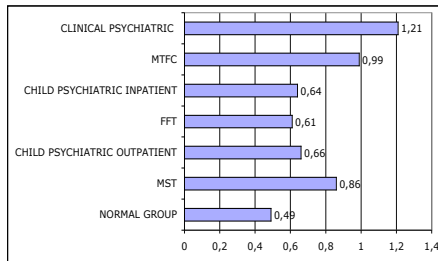
FFT, CBCL-TOT (MOTHERS), before and after therapy.



CBCL-TOT (MOTHERS) FOR DIFFERENT GROUPS



SCL - 90, GSI-mothers, FOR DIFFERENT GROUPS



Effect sizes

.20 small effect

.50 medium effect

.80 big effect

Lipsey, M.W. & Durlak, J.A. (1991). A Practioner's Guide to Metaanalysis. American Journal of Community Psychology, Vol 19, No. 3.

d (ES, Effect sizes) for the youth groups on the CBCL-MOTHERS and YSR, and for their mothers on the SCL-90 from different studies in Sweden.

	MST	MST- TAU	MTFC	MTFC- TAU	FFT Lund Växjö, Malmö, Uppsala
CBCL	n=79	n=77	n=20	n=15	n=115
Internalising	.38	.33	1.30	.29	.56
Externalising	.56	.44	1.78	.86	.79
Total Problems	.59	.45	1.91	.64	.71
YSR	n=79	n=77	n=20	n=15	n=69
Internalising	.18	.27	.64	.28	.49
Externalising	.28	.39	1.61	.46	.62
Total Problems	.26	.34	1.19	.37	.61
SCL-90	n=79	n=77	n=20	n=15	n=107
GSI, Index	.33	.15	.79	.27	.52

Correlations between ext. and int. for
CBCL and YSR for different groups

	r	p
CBCL		
MST	.42	< .0001
FFT	.51	< .0001
MTFC	.53	< .0001
BUP inpatient	.58	< .0001
BUP outpatient	.27	< .05
YSR		
MST	.53	< .0001
FFT	.51	< .0001
MTFC	.33	< .01
BUP inpatient	.45	< .0001
BUP outpatient	.35	< .01

THE SWEDISH
TRANSLATION OF
THE FFT - MANUAL



IMPLEMENTING OF FFT IN SWEDEN

WHAT DOES IT TAKE?
PROFFESIONALISM
FRIENDSHIP
MUTUAL TRUST
PERSISTANCE

CONCLUSIONS:

- FFT IS POSSIBLE TO TRANSPORT TO SWEDEN
- FFT SEEMS TO FIT SWEDISH SOCIAL WELFARE
- FFT IS DIFFERENT BUT CLOSE TO FAMILY THERAPY
PRACTICED IN SWEDEN

FUTURE CHALLENGES:

- KEEP UP ADHERENCE AND EVALUATIONS
- A NEW RCT
- RESOURCES FOR FUTURE SUPERVISION
