

## Evidence-Based Practice for Policy Makers

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## Overview of Topics

- **EBP Principles & Progress**
- Assessing areas in need of reform
- Engaging and motivating stakeholders
- Assessing community needs
- Legal and organizational reforms
- Selecting programs
- Implementation
- Accountability & Sustainability

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## Evidence-Based Practice

- **Uses scientific principles** to assess the available evidence regarding program effectiveness, and develop principles for best practice in any particular field

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## Evidence-Based Programs

- Proven program strategies and models have been shown to consistently improve outcomes, when implemented correctly
- They cover full range of child development
- Several pay for themselves, many times over, primarily in reduced corrections costs

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## An Important Qualification

- Proven programs all require substantial training, ongoing quality assurance & monitoring.
- They only work when implemented with a high degree of fidelity
- At this time proven programs account for only a small percentage of the treatment & rehabilitation market

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## Reference sources that identify EBPs

- **Blueprints for Violence Prevention**
- **WSIPP**
- **Coalition for Evidence Based Policy**
- **CrimeSolutions.gov**

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### Blueprint Proven Program Models

- **For Juvenile Offenders**
  - Functional Family Therapy (FFT)
  - Multisystemic Therapy (MST)
  - Multidimensional Treatment Foster Care (MTFC)
- **For Primary Delinquency Prevention**
  - New Beginnings; Life Skills Training (LST); Nurse Family Partnership; PATHS; Positive Action; Project Toward No Drug Abuse;

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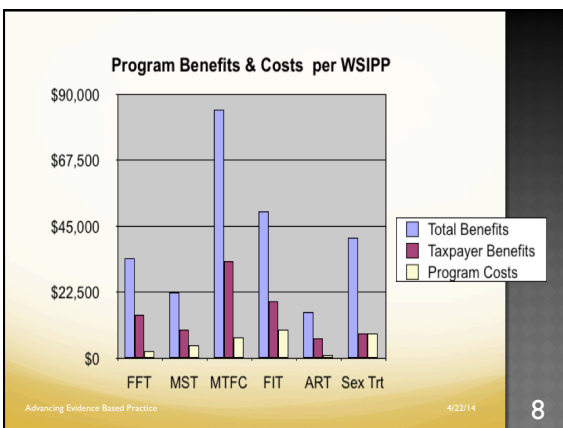
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### Advantages of Proven EBPs



- Reduced crime
- Reduced cost to taxpayers
- Save lives
- Training, Manuals, QA

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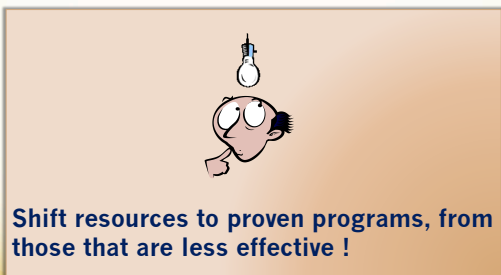
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## No brainer for state policy makers



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## Major events of 1997

- Gas price rises to \$1.22 per gallon
- Tony Blair becomes Prime Minister of the UK
- Princess Diana killed in car crash
- Dow Jones Industrials close above 7000
- **Blueprint Model Program list published**
- My 4<sup>th</sup> grandchild is born

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## 2006

- Gas is \$3.12/gal
- AAEBP 1<sup>st</sup> meeting in NYC
- LA selected for MfC
- Changing Lives published
- Hannah (age 9) has 2 brothers



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2013

A whole new Hannah

How is the spread of EBPs going in your state?



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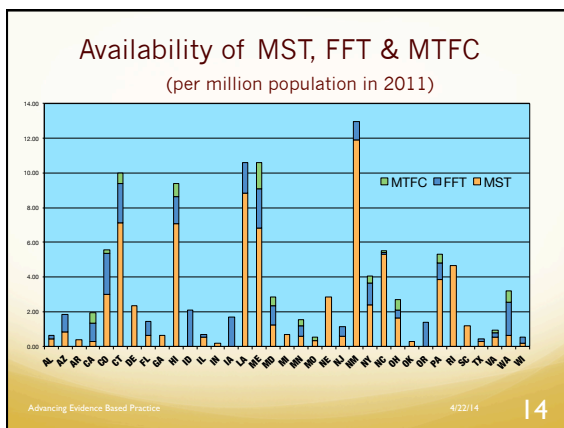
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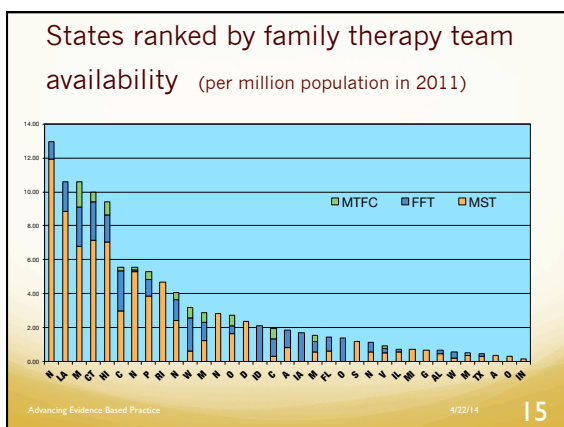
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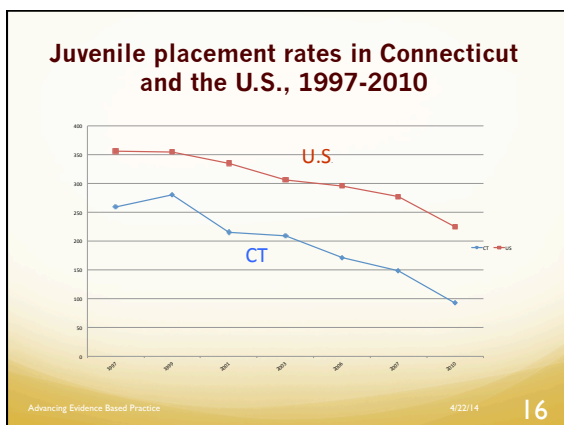
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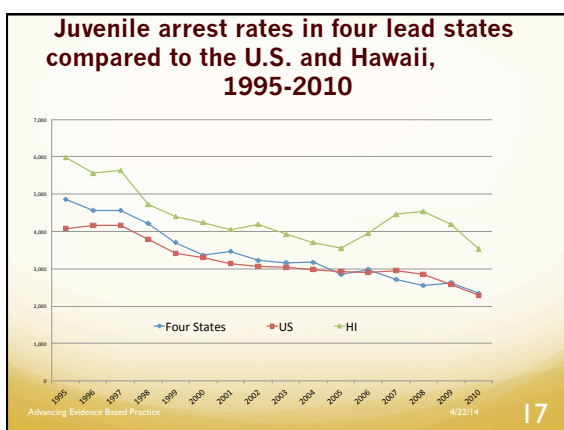
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### Key steps in statewide expansion

- Concerns about quality of services  
DOJ lawsuit – Newspaper headlines
- Involvement of key stakeholders
- Development of local expertise – Center for EBP
- Selection of EBPs to be supported by state
- Pilot testing of new EBPs
- Funding for designated EBPs start-ups
- TA to local communities for:
  - Assessment
  - EBP selection
  - Implementation
  - QA

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## Connecticut

- 70% of BH resources going to out of state residential
- JJ residential facilities inadequate
- Gov's Blue Ribbon Commission
- MST pilot with Byrne Grant funding in 1999
- Today: MST, FFT, MTFC, BSFT, TF-CBT, Emergency Mobile Psychiatric Services (EMPS)

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## What makes Louisiana special?

- Troubled JJ system
- Decentralized
- Late start (2006) compared to other lead states
- Appointment of health professional to lead the effort, who had trained many people in the system
- Models for Change
- Bottom up approach.... supported from the top

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## Evidence-Based Policy Academy

- Helping stakeholders improve outcomes for at-risk youth-EBP IMPLEMENTATION ACADEMY
  - Collaborative effort between LSU-IPHJ, Advancing EBP, MacArthur, Pew & others
  - RFP to key stakeholders re EBP Academy for team participation in Academy with follow-up coaching.
  - Select 6-8 best proposals based on:
    - Compatibility with LSU model
    - Feasibility
    - Local investment
  - Compare results to non-selected states

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## Assessing areas in need of reform

- Public Safety Performance Project, The Pew Charitable Trusts
  - Use of residential placements
  - Aftercare
  - Community based programs
  - Status offenders
  - Parenting
  - Cross-over youth
  - Mental Health
  - Substance abuse
  - Prevention



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## Engaging and motivating stakeholders

- Basic approach
  - Networking
  - Listening
  - Identifying common concerns
- What outcomes do stakeholders want to see improved?
  - Recidivism
  - Costs
  - Educational
  - Crime rate

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Risk / Need	Family	Educ	Sub Abuse	Menta l Health
LOW				
MED				
HIGH				

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## Assessing community needs

- Areas of concern
- Communities That Care
- Data sources
  - Police, Probation, Mental Health, Child Welfare, University, Public Health, Census
- Outcomes

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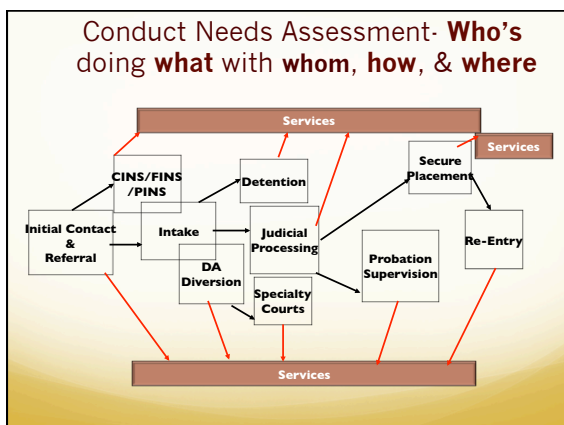
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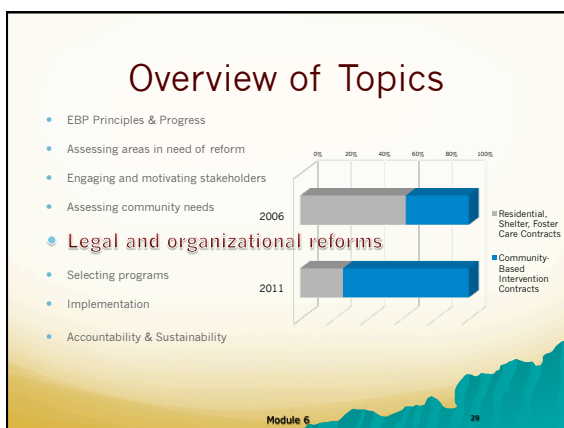
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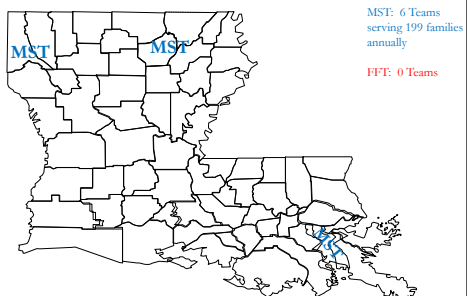
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## Trends in Services- 2006




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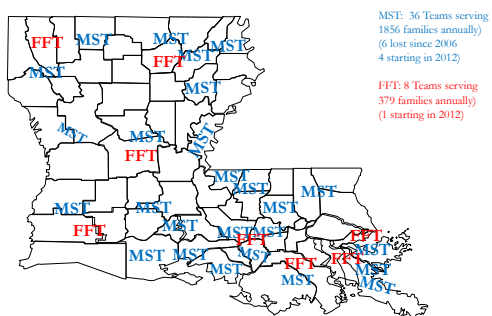
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## Trends in Services- 2011




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## Selecting Programs

- Client needs
- Make or Buy
- Blueprints
- WSIPP
- Crime Solutions.gov




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## Implementation

- Stages
- Drivers
- Centers for Effective Practice
- Role of purveyors
- Going it alone

Stakeholder  
Education and  
Awareness

Data-driven  
Reforms

Strategic  
Implementation

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## Accountability for performance

- Funder
- Provider
- Purveyors
- Supervisors
- Clinical staff

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## Monitoring Performance

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## Sustainability





- Fidelity
- Funding
- Public relations
- Continuous Quality Improvement



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## For further information

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- [www.advancingebp.org](http://www.advancingebp.org)
- [SPhil12@lsuhsc.edu](mailto:SPhil12@lsuhsc.edu)
- <https://publichealth.lsuhs.edu/iphj/>

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