

# LINKING THE DELIVERY OF TFCO AND KEEP: POTENTIAL ADVANTAGES FOR EFFICIENCY AND SUSTAINABILITY

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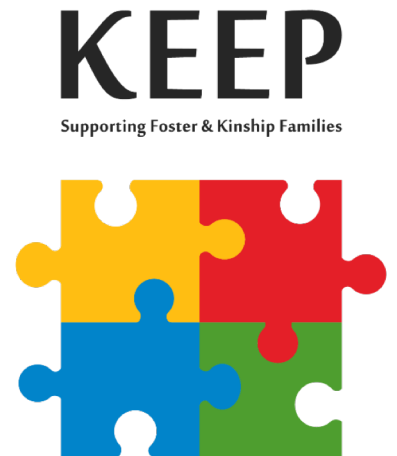
TREATMENT FOSTER CARE CONSULTANTS INC.

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BLUEPRINTS FOR HEALTHY DEVELOPMENT

DENVER, COLORADO

TUESDAY, MAY 1, 2018



# TFCO & KEEP

Same theory (social learning)

Different intensity

Possible continuum?

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## TFCO

- Intensive, multiple components
- One youth per TFCO home (recruited foster parents)
- Daily intervention for 6-9 months
- Focus on high-needs youth

## KEEP

- Foster/kin parent groups & PDR
- Multiple youth per home (state recruited foster homes)
- Weekly intervention for 16 weeks
- Focus on all youth in care

# Possible scenarios for linked program model

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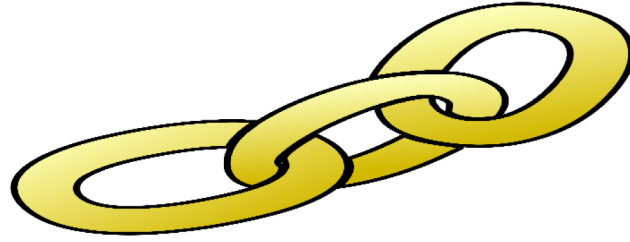
**KEEP**  **TFCO**

If parents complete KEEP and youth behavior remains high-risk; youth stays with the same family and are enrolled in TFCO

**TFCO**  **KEEP**

If parents and youth complete TFCO and continued parent support is needed

# Why Link?



*Potential advantages for:*

## **Children/Youth**

- Seamless continuum of services
- No change in foster home
- Increased responsivity to level of need

## **System/Community**

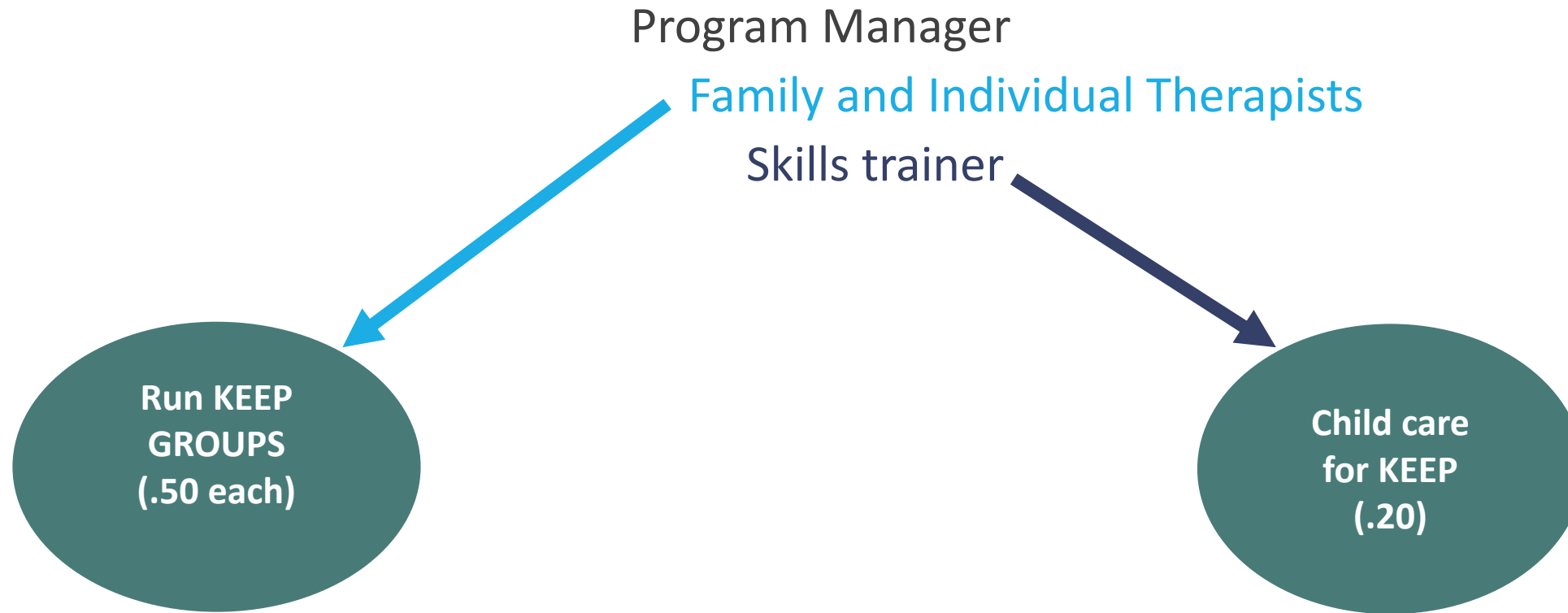
- Increased census/census stability
- Cost savings (full- vs part-time staff)
- Shared implementation costs
- Shared training costs

## **Agency**

- Maximize staff efficiency (full time FTE for FT and IT)
- Serve a larger range of youth (preventive to intensive)
- Better recruitment opportunities (foster parents & staff)

# Possible Staff Sharing for Linked TFCO & KEEP

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# Improved sustainability through

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- Bigger services footprint
- Greater leadership focus; challenge comes during leadership changes
- More time for staff/program development (2 for 1)
- Easier to maintain fidelity (harmonized systems)
- Minimize staff turnover effects
- Better cost efficiency through increased census and staff sharing