ASSIST Logic model

**PURPOSE:** To reduce the uptake of smoking amongst young adolescents

**INPUTS/RESOURCES**
- DECIPHER Impact staff
- Programme delivery manual
- Site co-ordinators (NHS/Local Authority)
- Trainers
- School staff
- Students

**ACTIVITIES:**
- Identify and train trainers
- Secure participation from schools
- Conduct peer nomination in schools and identify 18% critical mass of year group to become peer supporters
- Conduct peer recruitment meeting
- Deliver peer supporter training over 2 days
- Peer supporters to disseminate non-smoking norms via informal conversation with their friends
- Conduct 4 follow-ups

**OUTPUTS:**
- Peer supporter completes diary to record informal conversation with their peers.
- Feedback at follow-up sessions
- Quality assurance conducted as part of licence
- Student feedback

**EFFECTS:**
- A reduction in adolescent smoking prevalence
- Development of personal and communication skills for peer supporters
- Additional resources for schools
- Potential to influence knowledge, attitude and smoking behaviour of peer support networks beyond their school year (e.g. parents, sibling etc.)

**CONTEXT:** Smoking prevention education will vary across schools. Smoking prevalence rates for 11-13 year olds have declined in recent decades, which may result in fewer opportunities to have informal discussion with peers.