LOGIC MODEL FOR THE COPING POWER PROGRAM

RISK FACTORS

Distal Risk Factors

School Context

Community Context
Neighborhood Problems

Family Context
Maternal Depression
Low Social Support
Marital Conflict
Low SES

Child Neurobehavioral Status
Activity Level
Fear Processing

Proximal Risk Factors

Parenting Practices

Child Social Cognition and Self- Regulation

Child's Peer Context

ACTIVITIES

Main Foci of Coping Power Child Component

1. Behavioral and Personal Goal Setting
2. Organization and Study Skills
3. Accurate Awareness of Feelings Related to Anger and Vulnerability
4. Anger Management Training (Distraction, Coping Self-Statements, Relaxation)
5. Perspective Taking and Attribution Reframing
6. Social Problem Solving
7. Resistance to Peer Pressure

Main Foci of Coping Power Parent Component

1. Positive Attention and Rewards
2. Ignoring Minor Disruptive Behavior
3. Effective Instructions
4. Establishing Rules and Expectations
5. Discipline and Punishment
6. Family Cohesion
7. Family Problem Solving
8. Family Communication
9. Parental Stress Management
10. Academic Support in the Home

OUTCOMES

Proven Results:

1. Reduced substance use at end of intervention and at one-year follow-up
2. Reduced delinquent behavior at one-year follow-up
3. Reductions in aggressive behavior at home and at school by end of intervention; reduced aggression in school at 1-and 3-year follow-ups.
4. Improved social competence.
5. Effects on Language Arts grades at 2-year follow-up.