COPING POWER UNIVERSAL FOLLOWS THE CHILD COMPONENT OF LOGIC MODEL FOR THE COPING POWER PROGRAM

PROVEN RESULTS:

- Reductions in hyperactivity behaviors at school
- Reductions in conduct problems at home and at school
- Improved prosocial behaviors

RISK FACTORS

Distal Risk Factors

- Child Neurobehavioral Characteristics
  - Activity Level
  - Emotional Processing

Proximal Risk Factors

- Child Social Cognition and Self-Regulation
- Child’s Peer Context

ACTIVITIES

MAIN FOCI OF COPING POWER UNIVERSAL

1. Behavioral and Personal Goal Setting
2. Organization and Study Skills
3. Accurate Awareness of Feelings Related to Anger and Vulnerability
4. Anger Management Training (Distraction, Coping Self-Statements, Relaxation)
5. Perspective Taking and Attribution Reframing
6. Social Problem Solving

OUTCOMES

Proven Results: