**COPING POWER UNIVERSAL FOLLOWS THE CHILD COMPONENT OF
LOGIC MODEL FOR THE COPING POWER PROGRAM**

RISK FACTORS   **ACTIVITIES**   **OUTCOMES**

Distal Risk Factors

**Child Neurobehavioral
Characteristics**
Activity Level
Emotional Processing

Proximal Risk Factors

**Child Social
Cognition and
Self -Regulation**

**Child's Peer
Context**

Main Foci of Coping Power Universal

1. Behavioral and Personal Goal Setting
2. Organization and Study Skills
3. Accurate Awareness of Feelings Related to Anger
    and Vulnerability
4. Anger Management Training (Distraction,
    Coping Self-Statements, Relaxation)
5. Perspective Taking and Attribution
    Reframing
6. Social Problem Solving

Proven Results:

- Reductions in hyperactivity
  behaviors at school
- Reductions in conduct problems at
  home and at school
- Improved prosocial behaviors