

# Family Check-Up Logic Model

## Program/Process Components

## Method

## Targets

## Short Term (Proximal) Outcomes

## Long Term (Distal) Outcomes

Family Check-up  
Assessment of  
strengths and  
challenges for  
parents, youth, and  
family

Continued services  
with targeted  
intervention in  
parenting-related  
areas of concern

Coordinated  
services/referrals in  
other areas of  
concern for parents  
and/or youth

Pre-assessment used to  
create FCU family  
profile, shared with  
parents

Motivational  
Interviewing used with  
parents to encourage  
selection of targeted  
areas to address, if  
needed

Continued services  
given to parents who  
select targeted areas to  
address, via Everyday  
Parenting parenting  
skills curriculum

Referrals and  
coordination with other  
services (school,  
individual therapy, etc.)  
as needed

Parent Knowledge  
of Family Strengths  
and Areas of  
Growth

Parent Motivation  
for Change

Parent Positive  
Behavior Support  
with Youth

Family Relationship  
Quality

Family  
Communication  
and Problem-  
Solving

Parent Monitoring  
and Limit-Setting  
with Youth

Increased  
Understanding of  
Normative Child  
Behaviors

Improved Parent-  
Child Relationship

Improved Positive  
Behavior Support

Improved Monitoring  
of Youth

Improved Limit-  
Setting

Improved Family  
Communication and  
Problem-Solving

Decreased ATOD use  
In Youth

Decreased  
Depression in Youth

Decreased Conduct  
Problems and  
Antisocial Behaviors  
in Youth

Decreased  
Depression in  
Parents

Increased Academic  
Engagement and  
School Readiness