

LifeSet Program Model

Instrumental Outcomes

Youth & Community Safety
Retention of Quality Staff
Successful Discharge
Effective Census
Education/Vocation
Housing

Long-term Outcomes

Legal Status
Supervisor Retention
Community Connections
Education/Vocational
Stability

Model Principles

Systemic Assessment: YVLifeSet requires an assessment of unique areas that are related to successful outcomes to include vocational, educational, parenting skills, transportation, community living, formal and informal supports, and sexual health.

Safety: Safety of young adults, their children, and the community comes first. Comprehensive safety plans are developed to address high-risk behaviors. Through education and prevention interventions, we promote long-term safe lifestyles.

Maximizing Outcomes : Services identify and develop the core strengths of youth and empower the youth to take control in achieving life-long self-sufficiency.

Youth Driven: Youth are given an active role in setting the goals and direction of services and are held accountable for their input and involvement. Accountability increases youth ownership and promotes long-term success.

Comprehensive Support Networks: Supports are a key component in the transition to adulthood. We teach young adults the value of communication and reciprocity so they are able to identify and maintain stable supports in their natural ecology and community.

Team: Our team approach provides ongoing structure and supervision ensuring the optimal continuity of care. The team approach provides a wealth of professional experience ensuring multiple perspectives being considered, evaluated, and integrated into the ongoing process of change.

Intensity of Engagement: A constant pursuit to achieve encompassing and productive relationships with youth is consistent in supervision and practice. Staff are committed to fostering boundary driven and ethical interactions between the youth and their natural support systems.

Education/Vocation: Education and employment are the foundation for success. The development of pride and work completed, reaching attainable goals, and enhancing the motivation for more are the building blocks of this foundation.

Practice Elements of Model

Clinical Practice

- Systemic Assessment
- **Team Treatment Planning**
- **Active Teaching & Observations of Clinical Techniques**
- **YV Evidence Informed Practices**
- **Safety Focus**

Youth Focused

- Youth are Full Partners in Treatment

Education/Vocation

- GED/High School Diploma
- **Post-Secondary Education Plans**
- **Employment Skills**

Community Partnerships

- Community Collaboration
- **Accessing Support**
- **Customer Satisfaction**

Team/Staff Development

- Career/Leadership Opportunities
- **Intensive Hiring Process**
- **Counselor Engagement Strategies**
- **Job Training Process**

Adherence Measures

- ❖ PAA Assessment
- ❖ Comprehensive Psychosocial
- ❖ Safety Interventions
- ❖ On-going Assessment
- ❖ Consultant Notes
- ❖ **Group Supervision Tape Review**
- ❖ **Consultation Tape Review**
- ❖ **YVLS Survey**
- ❖ **Consultation Tracking Form**
- ❖ **Group Supervision Tracking Form**
- ❖ **Counselor Development Plans**
- ❖ **Field Visits**
- ❖ **Supervisor Development Plans**
- ❖ **Tape Review**
- ❖ **Approved Interventions**
- ❖ **Approved Trainings**
- ❖ **Staff Surveys**
- ❖ **Standard Safety Plans**
- ❖ **Thorough Completion**
- ❖ **On-going Assessment**
- ❖ **Group/Consult Notes**
- ❖ **Staff & Youth Surveys**

Adherence Measures

- ❖ Youth Survey
- ❖ Youth Review of Goals
- ❖ Interventions
- ❖ Support Self Sufficiency

Adherence Measures

- ❖ Educational Assessment
- ❖ Secondary Placement
- ❖ Educational Progress
- ❖ **Youth Survey**
- ❖ **Educational Status**
- ❖ **Youth Survey**
- ❖ **YV Approved Employment Practices**

Adherence Measures

- ❖ Quality Communication
- ❖ Identified Support
- ❖ Permanency Pacts
- ❖ **Linked to Public Assistance**
- ❖ **Increased skill**
- ❖ **Youth Survey**
- ❖ **Youth Survey**
- ❖ **External Customer Surveys**
- ❖ **Review of Survey Data**

Adherence Measures

- ❖ Counselor Development Plans
- ❖ Supervisor Development Plans
- ❖ Leadership Development Training
- ❖ **YVLS Survey**
- ❖ **OJT for Hiring**
- ❖ **YVLS Survey**
- ❖ **On-boarding Checklist**
- ❖ **Supervisor on-Boarding Checklist**
- ❖ **OJT Completion**
- ❖ **Post-Test Scores**
- ❖ **New Staff Skill Assessment**
- ❖ **Booster Training Evaluations**
- ❖ **YVLS Survey**
- ❖ **Supervisor OJT Training**

Adherence Scores