



Logic Model (5th Edition)

Activities (Session)	Determinants (Session)	Behaviors	Goals
<ul style="list-style-type: none"> • Discuss reasons why teens choose to have sex or abstain (1) • Role-play to practice communication (1) • Learn components of assertive communication (2) • Role-play to practice assertive communication with sexual partners (2) • Role-play to practice assertive communication with adults (2) • Complete worksheets on reproductive anatomy and the menstrual cycle (3) • Discuss contraceptive methods and watch condom demonstration (4) • Distinguish true and false statements about STIs/HIV (5) • Discuss common STIs/HIV transmission and prevention (5) • Demonstrate steps to correct condom use (5) • Discuss risks of various sexual behaviors (6) • Practice communicating about condom use (6) • Simulate condom use while impaired or in darkness (6) 	<ul style="list-style-type: none"> • Knowledge about pregnancy and HIV/STI prevention (3,4,5,7,8,9,10) • Attitudes toward sexual behavior, condoms, and contraception (1,2,4,5,6,7,8,9,10) • Perceived severity of HIV/STI (5) • Perceived severity of pregnancy (9) • Perceived risk of pregnancy, HIV/STI (4,6) • Locus of control (1,8,10) • Perceived ability to communicate with partner about sexual activity, pregnancy and HIV/STI prevention (1,2,6,10) • Self-efficacy to avoid unwanted sex (1,2) • Self-efficacy to use condoms/other contraception (1,2,4,6,7,8,10) • Skills to use condoms (5,6) 	<ul style="list-style-type: none"> • Increased condom and contraceptive use • Delayed initiation of sex • Increased use of sexual health care services • Delay initiation of sexual activity (with future partners) • Increase correct and consistent use of contraception • Increase testing and treatment of STIs • Increase vaccination against STIs • Decrease number of sexual partners • Decrease frequency of sex • Decrease frequency of sex with concurrent 	<ul style="list-style-type: none"> • Reduce pregnancy/HIV/STI rates among youth ages 13-18 who are system-involved

<ul style="list-style-type: none"> • Communicate with a trusted adult about sexual health (6) • Discuss benefits to obtaining clinical care for sexual health (7) • Brainstorm questions to ask health care providers (7) • Role-play to practice calling a health care provider (7) • Discuss rights regarding sexual health care (7) • Practice choosing methods of HIV/STI/pregnancy prevention for various people based on their different life situations (8) • Brainstorm personal goals (8) • Discuss factors to consider in sexual decision-making (9) • Brainstorm ways to plan for HIV/STI/pregnancy prevention using various scenarios (9) • Develop personal plan for avoiding pregnancy/STI/HIV (10) • Game to review knowledge of pregnancy/STI/HIV prevention (Sex Bingo) (10) 	<ul style="list-style-type: none"> • Confidence in ability to access condoms/contraception (4,7) • Skills to communicate about sexual health with trusted adults (2,6,7) • Aspirations for the future (8) 	<p>partners or with partners who have concurrent partners</p> <ul style="list-style-type: none"> • Increase the time gap between sexual partners 	
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