Raising Healthy Children Intervention

**Intervention Components**

- **Teacher Training in Classroom Instruction and Management**
  - Proactive classroom management
  - Interactive teaching
  - Cooperative learning
  - Motivation

- **Parent Trainings/home visits**
  - Proactive family management skills (Guidelines, Monitoring, Consequences)
  - Behavior management skills
  - Academic support skills
  - Social and behavioral skills to reduce drug risk
  - Family conflict skills

- **Child Social and Emotional Skill Development**
  - Interpersonal social and problem solving skills training
  - Refusal skills training

**Targeted Risk & Protective Factors**

- **Increased Positive Outcomes** (academic attainment, economic attainment)
  - low commitment to school
  - academic failure
  - opportunities for school involvement
  - positive academic involvement
  - academic rewards
  - bonding to school

- **Decreased Negative Outcomes** (drug use, alcohol use, delinquency, aggressive behavior, risky sexual behavior, teen pregnancy, depression)
  - poor family management
  - family conflict
  - parent attitudes favorable to problem behavior
  - opportunities for family involvement
  - positive family involvement
  - rewards for positive interactions
  - bonding to family
  - parental involvement in education

- **Increased Positive Outcomes** (early initiation
  - friends who engage in problem behavior
  - interpersonal social and problem solving skills (e.g. listening, anger control, sharing, feeling recognition)
  - refusal skills

- **Decreased Negative Outcomes** (drug use, alcohol use, delinquency, aggressive behavior, risky sexual behavior, teen pregnancy, depression)