Problem Statement: African American teens are disproportionately affected by the long-term outcomes of poverty, limited resources, and discrimination which can negatively impact educational attainment, vocational opportunities, and decisions regarding sexual involvement.

Goal: To provide a quality prevention program to foster resilience among African American teens and prepare them to avoid the negative consequences associated with poverty, limited resources, early sexual involvement and discrimination.

Rationales

- African American teens are disproportionately impacted by adolescent risk behaviors, including substance use and risky sexual behavior.
- Racial discrimination and limited resources negatively impact the transition from high school to a vocational career or higher education for African American teens.
- African American teens and families benefit from culturally specific programming.
- The promotion of parenting competencies contributes to teens’ healthy development and avoidance of risky and problem behaviors.
- Teens benefit from understanding that there are different ways of responding to racism and the advantages and disadvantages of each approach.

Resources / Inputs

- Identified target population
- Funding: Start-up and subsequent implementation budgets
- Community Support (stakeholders/partnering organizations)
- Implementation Plan
  - Pool of qualified facilitators
  - Target program dates (ideally within 6 months of training)
  - Recruitment plan
  - Convenient location (for families) for implementation
- SAAF-T Training and Program Package
  - CFR Master Trainers
  - SAAF-T Curriculum & DVDs
  - Evaluation tools for specified SAAF-T outcomes
  - Technical support

Activities

- Coordinate logistics for the implementation (e.g., meals)
- Recruit & retain families
- Organize program materials
- Monitor program fidelity
- Evaluate program implementation
- Document lessons learned
- Refine implementation plan
- Report implementation outcome to CFR dissemination office

Outputs

- Implemented SAAF-T with fidelity (target 80%).
- Obtained favorable participant satisfaction ratings (target 90%).
- Achieved satisfactory levels of program attendance (e.g., 75% of those recruited attend 3 or more sessions).
- Established sustainable protocols for program infrastructure.

Immediate Outcomes

- Host agency maintains working relationships with target community and related agencies
- Caregivers’ enhanced protective caregiving practices
- Teens enhanced risk avoidance skills
- Teens understand the consequences of risky sexual behavior
- Teens develop plans for further education and career choices
- Teens enhanced motivation for educational achievement and career planning

Short-Term Outcomes

- Teen-Caregiver improved communication
- Caregiver improved monitoring of teen
- Caregiver enhanced racial socialization
- Improved problem solving between parent and teen
- Sexually active teens increase likelihood of protecting themselves from unplanned pregnancy and STDs
- Teens apply for further education/training opportunities

Long-term Outcomes

- Reduced STIs and unplanned pregnancies
- Reduced substance use and related problems
- Reduced depressive symptoms
- Reduced problem behavior
- Increased post-secondary education and training
- Enduring healthy, communicative parent-teen relationship

Note: Agencies may have additional outcomes (e.g., increased graduation rates, decrease disproportionate minority contact rates, increase parental engagement).