Strong African American Families (SAAF) Adoption and Implementation Logic Model

Problem Statement: African American youth are disproportionately affected by the long-term outcomes of poverty, limited neighborhood resources, and discrimination.

Goal: To provide a quality prevention program to foster resilience among African American youth and prepare them to avoid the negative consequences associated with poverty and exposure to negative community influences and discrimination.

Rationales

African American families benefit from culturally specific programming.

Youth are influenced by multiple factors (positive and negative) in their environment.

The promotion of parenting competencies contributes to a home environment that allows youth to feel comfortable talking about the challenges they face.

The promotion of youth competencies prepares them to avoid risk behavior in their schools and communities.

Youths' ability to identify and associate with friends who represent positive peer prototypes can help them avoid situations involving risk.

Resources / Inputs

Funding: Start-up and subsequent implementation budgets

Community Support (stakeholders/partnering organizations)

Identified target population

Implementation Plan

- Pool of qualified facilitators
- Target program dates (ideally within 6 months of training)
- Recruitment plan
- Convenient location (for families) for implementation

SAAF Training & Program Package

- CFR Master Trainers
- SAAF curriculum & DVDs
- Evaluation tools for specified SAAF outcomes
- Technical support

Activities

Coordinate logistics for implementation (e.g., meals).

Recruit & retain families

Organize program materials.

Monitor program fidelity.

Evaluate program/implementation

Document lessons learned

Refine implementation plan

Outputs

Implemented SAAF with fidelity (target 80%).

Obtained favorable participant satisfaction ratings (target 80%).

Achieved satisfactory levels of program attendance (e.g., 75% of those recruited attend 5 or more sessions).

Established sustainable protocols and program infrastructure.

Immediate Outcomes

Adopting agency maintains working relationships with target community and related agencies

Caregiver increased efficacy for involved-vigilant parenting

Youth increased efficacy for risk avoidance skills

Caregiver increased awareness of youth norms

Youth increased assertiveness

Youth increases acceptance of parental influences

Short-Term Outcomes

Youth-Caregiver improved communication

Caregiver improved monitoring of youth

Caregiver improved racial socialization

Youth decrease in behavior problems

Youth involvement with positive peers

Assumptions

Caregivers want to see youth succeed.

With solid support, guidance, monitoring, and skill-building youth can succeed regardless of contextual challenges.

Youth who have goals and plans for achieving them, coupled by a supportive and structured environment, are more likely to avoid risk behavior as compared to youth who do not have these resources.

Long-term Outcomes

Youth delay onset of substance use

Fewer youth behavior problems

Enduring healthy, communicative caregiver-child relationship

Note: Agencies may have additional outcomes (e.g., increase graduation rates, decrease disproportionate minority contact rates, increase parental engagement).