The Incredible Years Child Program (aka Dinosaur Curriculum)
Program developed by Carolyn Webster-Stratton, Professor and Director of the Parenting Clinic at the University of Washington.

Risk Factors:
Child:
- Child aggressive behavior
- Poor problem solving skills
- Poor social skills & emotion literacy
- Early initiation and persistent conduct problems
- Low academic readiness
- Poor relationships with parents, teachers, and peers

Proactive Factors:
Child:
- Emotional regulation
- Social skills & positive friendships
- Effective problem solving
- Positive relationships and teaching from parents and teachers

Increased Social Competence and Emotional Regulation and School Readiness:
- Increased social and emotional competence with peers in the classroom
- Increased problem solving skills
- Reductions in aggressive behavior problems
- Increased academic readiness such as on-task behavior and cooperation with teachers
- Parent involvement in child’s academic, persistence, social, and emotional coaching

Hypothesized Reduced Youth Antisocial Behavior:
- Less aggressive & destructive behavior
- Less use of drug and alcohol use
- Less likely to become involved with deviant peer groups
- Less likely to drop out of school
- Less criminal activity
- Less pregnancy

Hypothesized (Long-term) Distal Outcomes
Outcomes that the program is designed to impact at long term follow-up during adolescence. (Long term follow-up data have not been conducted.)

Proximal (Short-term) Outcomes
Targeted outcomes that the program has been shown in research to impact immediately and 1-2 years following program completion.

Logic Model created by the Evidence-based Prevention and Intervention Support Center (EPISCenter) at Penn State University and Carolyn Webster-Stratton, Professor, University of Washington