Strong African American Families (SAAF) Adoption and Implementation Logic Model

Problem Statement: African American youth are disproportionately affected by the long-term outcomes of poverty, limited neighborhood resources, and discrimination.

Goal: To provide a quality prevention program to foster resilience among African American youth and prepare them to avoid the negative consequences associated with poverty and exposure to negative community influences and discrimination.

Rationales
- African American families benefit from culturally specific programming.
- Youth are influenced by multiple factors (positive and negative) in their environment.
- The promotion of parenting competencies contributes to a home environment that allows youth to feel comfortable talking about the challenges they face.
- The promotion of youth competencies prepares them to avoid risk behavior in their schools and communities.
- Youths’ ability to identify and associate with friends who represent positive peer prototypes can help them avoid situations involving risk.

Resources / Inputs
- Funding: Start-up and subsequent implementation budgets
- Community Support (stakeholders/partnering organizations)
- Identified target population
- Implementation Plan
  - Pool of qualified facilitators
  - Target program dates (ideally within 6 months of training)
  - Recruitment plan
  - Convenient location (for families) for implementation
- SAAF Training & Program Package
  - CFR Master Trainers
  - SAAF curriculum & DVDs
  - Evaluation tools for specified SAAF outcomes
  - Technical support

Activities
- Coordinate logistics for implementation (e.g., meals).
- Recruit & retain families
- Organize program materials.
- Monitor program fidelity.
- Evaluate program/implementation
- Document lessons learned
- Refine implementation plan

Outputs
- Implemented SAAF with fidelity (target 80%).
- Obtained favorable participant satisfaction ratings (target 80%).
- Achieved satisfactory levels of program attendance (e.g., 75% of those recruited attend 5 or more sessions).
- Established sustainable protocols and program infrastructure.

Immediate Outcomes
- Adopting agency maintains working relationships with target community and related agencies
- Caregiver increased efficacy for involved-vigilant parenting
- Youth increased efficacy for risk avoidance skills
- Caregiver increased awareness of youth norms
- Youth increased assertiveness
- Youth increases acceptance of parental influences

Short-Term Outcomes
- Youth-Caregiver improved communication
- Caregiver improved monitoring of youth
- Caregiver improved racial socialization
- Youth decrease in behavior problems
- Youth involvement with positive peers

Long-term Outcomes
- Youth delay onset of substance use
- Fewer youth behavior problems
- Enduring healthy, communicative caregiver-child relationship

Note: Agencies may have additional outcomes (e.g., increase graduation rates, decrease disproportionate minority contact rates, increase parental engagement).

Assumptions
Caregivers want to see youth succeed.
- With solid support, guidance, monitoring, and skill-building youth can succeed regardless of contextual challenges.
- Youth who have goals and plans for achieving them, coupled by a supportive and structured environment, are more likely to avoid risk behavior as compared to youth who do not have these resources.