



FOR HEALTHY YOUTH DEVELOPMENT



BLUEPRINTS PROGRAMS are rated as Promising, Model, or Model Plus. Promising programs meet the minimum standard of effectiveness. Model and Model Plus programs meet a higher standard and provide greater confidence in the program's capacity to change behavior and developmental outcomes. Only Model and Model Plus programs are ready for scale.

MODEL & MODEL PLUS PROGRAMS

- A minimum of either two high quality randomized control trials **OR** one high quality randomized control trial plus one high quality quasi-experimental evaluation.
- Positive intervention impact sustained for a minimum of 12 months after the program intervention ends.
- Significant impact, intervention specificity, and dissemination readiness (*same criteria as Promising Programs*).

Model Plus programs meet Model criteria above, plus one additional standard:

PLUS - INDEPENDENT REPLICATION

PROMISING PROGRAMS

- One high quality randomized control trial **OR** two high quality quasi-experimental evaluations.
- Significant positive change in intended outcomes, and no evidence of harmful effects.
- Intervention specificity describing intended population, specific outcomes and risk/protective factors, and program logic model.
- Dissemination readiness (*organization capability, manuals, training*).